

# WP8 : Survivorship and Rehabilitation

**Cancer Control Joint Action**

**Status update of WP8**



**CanCon**  
Cancer Control Joint Action

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# KEY DELIVERABLES

## 1. Main deliverable :

- **List of European recommendations** for high quality cancer survivorship care and rehabilitation.

↳ Specific topics covered : Medical follow-up, late effects, supportive and palliative care, psychological support, education of survivors, etc.

## 2. Other deliverables :

- **European Process for Patient symptoms and needs assessment**

↳ To early detect patients' needs, in particular for vulnerable patients and orientate them towards adequate interventions.

- **Personalised Rehabilitation and Survivorship Care Plan (PRSCP)**

↳ To facilitate a « back-to-life » process and the coordination of medical and non-medical care providers.

# UPDATE ON THE DRAFTING OF THE EU RECOMMENDATIONS

# 1) Methodology for the drafting of EU recommendations

➡ Describes the entire drafting process :

- Literature search and critical appraisal of the evidence
- Synthesis of the evidence
- Evidence appraisal by experts
- Drafting of EU recommendations

➡ Methodology validated by WP8 partners, WP4 leader and CSISP-FISABIO (Valencia) in charge of equity matters.



## CANCON WP8 SURVIVORSHIP AND REHABILITATION

### Objective 1: EU recommendations

#### Methodology

##### 1. Background

The Work Package 8 on Survivorship and Rehabilitation is part of a more comprehensive Joint Action called "CANCON"<sup>1</sup> co-funded by the European Commission - DG SANCO. Composed of 27 associated partners from across Europe, CANCON will build on the achievements of the previous European Partnership for Action Against Cancer (EPAAC) initiated in 2009. The objective of CANCON is to develop a European guide on quality improvement in comprehensive cancer control that will address various aspects of coordinated and integrated cancer control.

As part of this Joint action, the French National Cancer Institute (INCa) will lead the work package 8 on Survivorship and Rehabilitation which addresses the transition issues of cancer survivors, from treatment to recovery and beyond. The associated partners and the collaborating partners will work on 3 deliverables: the main one being 1) the list of EU recommendations in the field of survivorship and rehabilitation; and two associated tools 2) The EU distress thermometer to develop and promote a systematic use of an early detection scale, in order to assess the patient's distress; 3) A personalised rehabilitation and survivorship care plan to deliver a program for the patient that includes the whole of the survivor's medical and non-medical management into his daily life to facilitate a "back-to-life" process.

This work package is composed of 5 associated partners who have allocated a budget to this project, plus 9 collaborating partners who contribute also to the delivery of the objective on a volunteer basis (see Annex 3 : list of WP8 partners). A consensus was reached amongst associated and collaborative partners on this methodology requested as part of the quality assessment process<sup>2</sup>. The methodology will be applied to the EU recommendations as well as to the two tools.

<sup>1</sup> Consortium agreement 6310-17/13-7/274, CANCON – European Guide on Quality Improvement in Comprehensive Cancer Control.

<sup>2</sup> WP4 Guide coordination, Methodological paper. CANCON project: European Guide on Quality Improvement in Comprehensive Cancer Control.

## 2) Completion of the Literature review

- All associated and collaborating partners were involved in a literature review according to their area(s) of expertise.
- The topic leaders of the literature review completed the requested template documents to extract the main conclusions and first elements of recommendations
- These first elements and the unanswered questions will be raised in front of a group of EU experts.

### 3) Experts meeting on EU recommendations

- Ljubljana, Slovenia (December 9<sup>th</sup> & 10<sup>th</sup>)
- Role of the 8 experts selected was to validate the quality and the results of the literature research and to advise on possible improvements.
- Conclusions of the meeting :
  - Fruitful exchanges and discussions between the partners and experts under different formats (plenary sessions, group session)
  - Real and concrete improvements in the drafting of the recommendations
  - The topic "Clinical research" has become a cross-cutting topic.

## 4) Preparation of the first draft (current stage)

- Following the experts review on their first elements of recommendations, topic leaders were asked to update their findings and submit their amended recommendations to WP leader according a common template.
- The WP Leader will collate all templates to elaborate the **first draft of EU recommendations on Survivorship and Rehabilitation** that will be composed of :
  - the methodology
  - the recommendations per topic
  - thematic/cross-cutting statements
- The first draft will be then circulated to associated and collaborating partners for comments.
- **This first draft** will be finally reviewed by the same panel of expert in June 2015 and finalized for the global expert meeting, in Italy.

# UPDATE ON THE DRAFTING OF A EU PROCESS FOR PATIENT SYMPTOMS AND NEEDS ASSESSMENT



# 1) Setting up of a working group

- The WP Leader put together a working group composed of some WP8 associated partners chosen according to their expertise in this field. A first meeting is scheduled in Paris, on March 2015.
- The aim of this working group is to prepare a working document that will be presented in front of the panel of experts next June.
- The draft of this tool is expected by the end of the second semester 2015.

Thank You